

## Zesty Quinoa Salad:

- 1 cup cooked quinoa
- 2 cups (+) fresh organic leafy greens: arugula, butter crunch & romaine lettuce
- 2-3 chives, finely diced or ½ red onion
- 1 whole organic cucumber, finely diced
- 1-2 organic tomatoes, finely diced
- ¼ cup cilantro, diced
- ¼ cup fresh picked basil, diced
- 1 whole lemon – finely zest ½ the lemon, juice the whole lemon over mix
- Couple twists of Sea Salt
- Few shakes of red chili pepper (optional)

Cook quinoa (per pkg instructs). Finely dice and combine all ingredients, combine with quinoa, toss. Serve either warm or refrigerate for 30 minutes + and serve chilled!

***Zesty & Nutritious ~ A powerful & tasty meal!***



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